


Emotional and Mental Health Graduated Response

Tier 1	Universal Offer		<ul style="list-style-type: none"> • Behaviour policy which includes a clear system of rewards and sanctions and how we explicitly teach children how to manage their feelings and behave positively
	<i>School-wide efforts to raise awareness of emotionally vulnerable pupils and how to support them. Proactive measures in place to support emotional wellbeing of whole community.</i>		<ul style="list-style-type: none"> • Zones of regulation provides a vocabulary to talk about feelings and a 'toolkit' to help manage them
			<ul style="list-style-type: none"> • Carefully planned PSHE curriculum which includes mental health/emotional literacy, tailored in response to needs of each class
			<ul style="list-style-type: none"> • Trauma awareness training for all staff and induction for new staff and Trauma Informed School UK whole school approach used by all adults in school with a culture of warmth and social engagement in staff-pupil relationships
			<ul style="list-style-type: none"> • Scripted responses that mean staff have a consistent way of speaking to children e.g. 'I need you to...', 'I understand but ...'
			<ul style="list-style-type: none"> • Sensory areas in all classes for anyone to use and school sensory room
			<ul style="list-style-type: none"> • Assessment of individual and class mental health needs using Motional
			<ul style="list-style-type: none"> • Restorative approach used
			<ul style="list-style-type: none"> • Named emotionally available adult for every child
			<ul style="list-style-type: none"> • Every child has at least two warm, positive interactions to start their day by being individually greeted at the door and at the gate when they come into school
			<ul style="list-style-type: none"> • Advice for parents on how to support their child's emotional wellbeing
			<ul style="list-style-type: none"> • Activities to mark Children's Mental Health Week (February) and World Mental Health Day (October)
			<ul style="list-style-type: none"> • Regular opportunities to share feelings and worries – worry boxes in each classroom (worry teddy in EYFS), 'I wish my teacher knew...' at least once every 2 weeks
			<ul style="list-style-type: none"> • Every member of the school community is respected, supported and valued and work together to enhance the children's and each other's wellbeing
			<ul style="list-style-type: none"> • Staff adjust expectations and practices around vulnerable children to correspond with those children's developmental capabilities and experience of traumatic stress and loss
<ul style="list-style-type: none"> • Advice for parents on how to support their child's emotional wellbeing 			
Tier 2	Targeted Offer	<ul style="list-style-type: none"> • A range of evidence-based interventions, including Lego Therapy, Socially Speaking, regular sessions with TISUK practitioner or Emotional Literacy Support Assistant (ELSA), sensory circuits 	
	<i>Individual or group-based support for children identified as emotionally vulnerable</i>	<ul style="list-style-type: none"> • Lunchtime Club nurture group 	
		<ul style="list-style-type: none"> • Emotionally vulnerable children have daily, easy access to at least one specific and emotionally-available adult 	
		<ul style="list-style-type: none"> • Bespoke advice and support for parents 	
		<ul style="list-style-type: none"> • Assessments of needs using Motional with tailored programmes then put in place address identified needs 	
		<ul style="list-style-type: none"> • Carefully planned and differentiated curriculum for children who need it 	
		<ul style="list-style-type: none"> • Lunchtime Club – nurture group 	
		<ul style="list-style-type: none"> • Training for staff to help support and manage children with specific emotional and social needs 	
		<ul style="list-style-type: none"> • Safe spaces available for children to use 	
		<ul style="list-style-type: none"> • Risk assessments and behaviour support plans 	
<ul style="list-style-type: none"> • Informal support through Lego Therapy, Socially Speaking etc 			
Tier 3	Enhanced Offer	<ul style="list-style-type: none"> • Support from Specialist Education Service (SES) 	
	<i>Bespoke provision for pupils with more complex needs who are struggling</i>	<ul style="list-style-type: none"> • Commissioned specialist interventions such as Green Light Trust, PLOT, specialist therapy 	
		<ul style="list-style-type: none"> • Bespoke provision outside of their classroom, either partly or wholly, including co-constructing a 'Wellbeing Curriculum' if appropriate 	
		<ul style="list-style-type: none"> • Support and advice for school and parents from Mental Health Support Team/ OM Wellbeing / Bellscroft Consultancy/Emotional Wellbeing Hub 	
		<ul style="list-style-type: none"> • Full or part time placements with alternative provision 	